

DUA FOR AILMENTS AND ILLNESSES

First: Imam al-Sadiq (‘a) is reported to have advised of the following: For all ailments, you may say this supplicatory prayer:

بِسْمِ اللَّهِ وَبِاللَّهِ كَمْ مِنْ نِعْمَةٍ لِلَّهِ فِي عِرْقِ سَاكِنٍ وَغَيْرِ
سَاكِنٍ، عَلَى عَبْدٍ شَاكِرٍ وَغَيْرِ شَاكِرٍ۔

Upon accomplishing an obligatory prayer, you may grasp your beard with your right hand and repeat the following supplicatory prayer three times:

اللَّهُمَّ فَرِّجْ عَنِّي كُرْبَتِي وَ عَجِّلْ عَافِيَتِي وَ اكْشِفْ
ضُرِّي۔

Make sure that you associate this supplicatory prayer with tears and weeping.

Second: Imam al-Sadiq (‘a) is also reported to have advised: Put your hand on the ailed organ and say this:

بِسْمِ اللَّهِ وَبِاللَّهِ، وَ مُحَمَّدٌ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَ
آلِهِ، وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ، اللَّهُمَّ امْسَحْ عَنِّي مَا
أَجِدُ۔

You may then rub your right hand over the ailed organ three times.

Third: Imam al-Baqir (‘a) is reported to have said: When Imam ‘Ali (‘a) was ailed, the Holy Prophet (s) came to him and advised him to say this supplicatory prayer:

اللَّهُمَّ إِنِّي أَسْأَلُكَ تَعْجِيلَ عَافِيَّتِكَ وَ صَبْرًا عَلَى بَلِيَّتِكَ. وَ
خُرُوجًا إِلَى رَحْمَتِكَ.

Fourth: Imam al-Sadiq (‘a) is reported to have advised of the following:

You may put your hand on the ailed organ and repeat this supplicatory prayer three times:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِحَقِّ الْقُرْآنِ الْعَظِيمِ، الَّذِي نَزَلَ بِهِ
الرُّوحُ الْأَمِينُ، وَهُوَ عِنْدَكَ فِي أَمْرِ الْكِتَابِ عَلَى حَكِيمٍ، أَنْ
تَشْفِينِي بِشِفَائِكَ وَ تَدَاوِينِي بِدَاوَاتِكَ، وَ تُعَافِينِي مِنْ
بَلَائِكَ وَ تُصَلِّيَ عَلَيَّ مُحَمَّدٍ وَ آلِ مُحَمَّدٍ

Fifth: Abu-Hamzah is reported to have said: One day, I felt pain in my knee. When I complained about it to Imam al-Baqir (‘a), he advised me, saying: Upon accomplishment of a prayer, you may say this supplicatory prayer:

يَا أَجُودَ مَنْ أَعْطَى، وَيَا خَيْرَ مَنْ سُئِلَ. وَيَا أَرْحَمَ مَنْ
اسْتَرْحَمَ، اِرْحَمْ ضَعْفِي وَ قَلَّةَ حِيلَتِي، وَ اَعْفِنِي مِنْ
وَجْعِي۔

Abu-Hamzah added: When I did, I was healed.

It is worth mentioning that I have referred in Section Three to other supplicatory prayers against ailments and illnesses.